



Lung Cancer Screening



**COOKEVILLE REGIONAL
M E D I C A L C E N T E R**

It's the Way **WeCARE**

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About The Program

- Lung cancer is the leading cause of cancer death for both men and women worldwide.
- Nearly 160,000 Americans die of lung cancer each year.
- Lung Cancer is #1 in Tennessee
- Lung is CRMC's number one site of cancer.
- Lung cancer patients are frequently diagnosed at later stages. Screening for lung cancer is important so that issues may be caught earlier and treated while it is in the most curable stages.

Of the top four deadliest cancers in the U.S. (lung, prostate, breast and colorectal), lung cancer has been the only one not subject to routine screening until now. Based on the findings of the National Lung Screening Trial (NLST), we know that CT lung screening can now save lives of people at high risk for developing lung cancer.

Low-dose CT (LDCT) lung screening is quick and easy and results in a minimal amount of radiation exposure. Cookeville Regional Medical Center is determined to raise awareness and improve access to this testing for all people at high risk. Therefore, we are currently offering LDCT lung screening to individuals who meet the established high-risk criteria at an affordable price (\$99).

Some insurances, such as Medicare, are covering the LDCT Lung Screening!

Qualification Criteria

You may qualify for a LDCT lung screening at Cookeville Regional Medical Center if you fall into one of these categories.

Category 1 Eligibility

If all answers are yes, patient is eligible

- Age 50-77 years
- Currently a smoker or have quit within last 15 years
- Have smoked at least a pack of cigarettes a day for 20+ years

* Risk factors include having cancer in the past, emphysema, pulmonary fibrosis, a family history of lung cancer and exposure to certain substances (including asbestos, arsenic, beryllium, calcium, chromium, diesel fumes, nickel, radon, silica and uranium).



Scheduling a Screening

To be scheduled for the screening, you will need to meet certain criteria to qualify.

Talk with your doctor or healthcare provider to see if you qualify. You will need to fill out a questionnaire that is available at crmchealth.org/lungscreening. Your healthcare provider will be required to fill out and sign the provider order, also found at crmchealth.org/lungscreening. To expedite the process, you may take the completed questionnaire and order form to your provider who will then complete it to be sent to CRMC when scheduling the low-dose CT scan.

CRMC will file your insurance. Many commercial insurances as well as Medicare Part B cover the cost of the scan once per year for patients who qualify. Because insurance may require a pre-authorization, it may be several days before your scan is scheduled, but we will work with you and your provider to schedule it as quickly and conveniently as possible.

If your insurance does not cover the screening or if you do not have insurance, the cost will be \$99.

Early detection saves lives!

Frequently Asked Questions

What is CT screening?

Computerized tomography (CT) screening uses special X-ray technology to obtain image data from different angles around the body and then uses computer processing of the information to show a cross section of body tissues and organs.

What is the goal of LDCT lung screening?

The goal of LDCT lung screening is to find lung cancer while the lesions are still smaller than one centimeter. Much like Mammograms and finding breast cancer early, finding lung cancer early greatly improves the outcome for you or your loved one.

How effective is LDCT lung screening at preventing death from lung cancer?

Studies have shown that LDCT lung screening can lower the risk of death from lung cancer by 20 percent in people who are at high risk.

How is the exam performed?

LDCT lung screening is one of the easiest screening exams you can have. The exam takes less than 10 seconds. No medications are given, and no needles are used. You can eat before and after the exam. You do not even need to get changed as long as the clothing on your chest does not contain metal. You must, however, be able to hold your breath for at least 6 seconds while the chest scan is being taken.

What if I don't have a doctor or have other questions?

If you do not have a primary care provider, we will assist you in locating one. If you have questions, please call the lung nurse navigator at 931-783-4996 or call the provider hotline at 931-783-2571.

Smoking Cessation

If you've tried to quit smoking in the past, keep trying - each attempt will help you reach your goal. Millions of people have quit smoking. You can too!

The QUIT 4 LIFE SUPPORT GROUP

For more information about smoking cessation
call 1-800-QUITNOW (1-800-784-8669)

or go to

<https://bookwhen.com/cookevilleregional?tags%5B%5D=quit4life>